

# South Jordan Leisure, Aquatic & Fitness Center

10866 S. Redwood Road, South Jordan 253-5236

## Swim Lesson General Information and Procedures

In order to maintain quality instruction and to insure a safe, clean environment for learning, we ask all participants and spectators to observe the following guidelines:

1. Please make sure your shoes are clean before entering the locker rooms or pool area. This will help keep our pool water clean. Shoes are required for all patrons when entering and exiting the building– the pool area is the only barefoot area in the building.
2. Please have your child use the restroom and take a shower before class. This will prevent eye irritation caused by body oils and salts, lotions, or other contaminants in the water.
3. Children must not enter the water until the teacher announces that the class is starting.
4. We welcome you as a spectator during our lessons. Please sit on the benches surrounding our pool area, or stand in the observation area above the pool. In order to enhance your child's opportunity to learn, we ask that you remain seated in the spectator areas away from the edge of the water. For maximum learning and safety, students must keep their attention on the instructor.
5. Students and their families must pay to swim before, during, and/or after the swimming lesson.  
The price of Swimming lessons does not include open plunge swimming.
6. Running is not allowed in the locker rooms and in the pool area.
7. Drinks, food, chewing gum and glass containers are not allowed in the locker rooms and in the pool area. Candy or treats given on the last day of class must not be eaten in the pool area.
8. To prevent obstructed vision while swimming students with long hair should wear an elastic band or hair clips to keep hair out of their eyes.
9. Children 4 and older must use the appropriate gender locker room, or use the family change room accompanied by a parent (should not be used by unaccompanied children).
10. Please drop off and pick up your child on time.
11. Students should dry off and put shoes on before exiting the locker rooms or pool area.
12. Children start at different points and learn at different rates. As a result, some students may need to take a level more than once to learn all of the required skills.
13. If the student misses the last day of lessons the instructor will leave the report cards at the front desk for parents to pick up. They should be kept for 2 weeks.
14. FYI: Level 1 and Pre-Level 1 consist of the exact same skills. The same is true of Level 2 and Pre-Level 2. The difference in the ages with pre-Level classes being for ages 3-5 years and Level 1 and 2 being for ages 6+. Once a child passes Pre-Level 2 they pass to Level 3.

Thank you for your cooperation regarding the above guidelines.

Your children benefit directly from your participation in creating a healthy, positive, and safe learning environment

